

## Risk assessment

Company name: Weaver vale Pilates Studio Assessment carried out by: Simone Bertoni

Date of next review: 14.6.2020

Date assessment was carried out: 17.5.2020

What are the hazards?	Who might be harmed and how?	What are you already doing to control the risks?	What further action do you need to take to control the risks?	Who needs to carry out the action?	When is the action needed by?	Done
One entry point at the studio	Clients and teachers entering the studio	<b>Single entry via Business centre. Clients to ring intercom 5 minutes before class.</b>	<b>Teacher to manage entry and exit, one by one. First in, last out</b>	Simone Bertoni	Tuesday 18th May	<b>17/5</b>
Waiting area in Northwich business centre	Clients and teachers entering the studio	<b>Clients to arrive no more than 5 minutes before their class/session.</b>	<b>All clients to maintain social distanced and wear mask in building.</b>	Simone Bertoni	Tuesday 18 <sup>th</sup> May	<b>17/5</b>
Congestion in the car park when clients arrive for their session/class	Clients and teachers entering the studio	<b>All clients to remain in their cars until 5 minutes before their class. Clients to queue maintaining 2m distance apart.</b>	<b>Clients will use various car parks. On arrival they will ring intercom and be let in one by one.</b>	Simone Bertoni	Tuesday 18th May	<b>17/5</b>

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a) Risk of infection	Clients and teachers entering the studio	<b>A hand sanitizer has been installed in the studio. All clients to sanitise their hands upon entry. Clients to wear a mask upon entry &amp; exit. Remove mask for exercise.</b>	<b>Install hand sanitiser station in the studio and a sign put up to remind clients to use it</b>	Owner, Simone Bertoni	Tuesday the 18th May	<b>17/5</b>
b) Risk of infection	Clients and teachers entering the studio	<b>Clients to remove shoes at the door and teacher will assign them a Mat/Reformer.</b>	<b>Clients to place individual items in their own basket at their designated Mat/Reformer</b>	Owner, Simone Bertoni	Tuesday the 18th May	<b>From 17/5</b>

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c) Risk of infection	Clients and teachers entering the studio	<b>No "hands on" correction will be given in any classes or sessions. Teachers to remain socially distanced from clients in the centre of the room-wearing visor/mask</b>	<b>If in event of an emergency and a teacher needs to step in a client's space a Mask/visor and gloves are to be worn</b>	Owner, Simone Bertoni	Tuesday the 18th May	<b>From 17/5</b>
Cleaning and disinfecting of mats	Clients and teachers entering the studio	<b>All mats will be cleaned &amp; disinfected after each class/session</b>	<b>All mats to be deep cleaned once a day after the last class/session</b>	Owner, Simone Bertoni	Tuesday the 18th May	<b>From 17/5</b>
Cleaning and disinfecting of props	Clients and teachers entering the studio	<b>Props will be cleaned after every use. No props will be shared between participants</b>	<b>Therabands will not be used. Clients will purchase their own.</b>	Owner, Simone Bertoni	Tuesday the 18th May	<b>From 17/5</b>
Cleaning and disinfecting of Reformers	Clients using the Reformers	<b>All equipment has always been cleaned after every use with a deep clean</b>	<b>New wipeable Reformer straps are being used and the</b>	Owner, Simone Bertoni	Tuesday the 18 <sup>th</sup> May	<b>17/5</b>

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		once a week	and old straps have been removed. Wipeable shoulder rest covers will also be used to further minimise risk			
Use of toilet facilities	Clients and teachers entering the studio	<b>Clients will be encouraged not to use the toilet facilities at Northwich Business centre where possible</b>	<b>Clients will be informed by the teacher to use toilet one at a time as per the business centre policies</b>	Owner, Simone Bertoni	Tuesday the 18th May	<b>17/5</b>
Do clients know what to do if they have any symptoms of COVID 19?	Clients and teachers entering the studio	<b>All appointments reminders have been modified to inform clients to stay at home if they experience any symptoms of COVID 19. New clients to complete a self-declaration when booking a pre-class assessment</b>	<b>The Acuity booking system keeps a full record of ALL clients attending a class or session if needed for track and trace</b>	Owner, Simone Bertoni	Tuesday the 18th May	<b>17/5</b>



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